The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <a href="https://eoc.anthem.com/eocdps/ca/aso">https://eoc.anthem.com/eocdps/ca/aso</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">www.healthcare.gov/sbc-glossary/</a> or call (833) 674-9256 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	\$0/person or \$0/family for	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before
deductible?	UCMC Providers. \$100/person	this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member
	or \$200/family for In-Network	must meet their own individual deductible until the total amount of deductible expenses paid
	Providers. \$200/person or	by all family members meets the overall family <u>deductible</u> .
	\$500/family for <u>Out-of-Network</u>	
	Providers.	
Are there services	Yes. Primary Care. Specialist	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.
covered before you	Visit. <u>Preventive Care</u> . Certain	But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u>
meet your <u>deductible?</u>	Prescription Drugs. For more	services without cost sharing and before you meet your deductible. See a list of covered
	information see below.	preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other	No.	You don't have to meet <u>deductibles</u> for specific services.
deductibles for		
specific services?		
What is the out-of-	\$1,000/person or \$2,000/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have
pocket limit for this	for UCMC <u>Providers.</u>	other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the
plan?	\$1,000/person or \$2,000/family	overall family out-of-pocket limit has been met.
	for In- <u>Network</u> <u>Providers</u> .	
	\$2,000/person or \$4,000/family	
	for <u>Out-of-Network</u> <u>Providers</u> .	
What is not included	Pre-Authorization Penalties,	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
in the <u>out-of-pocket</u>	Premiums, balance-billing	
<u>limit</u> ?	charges, and health care this <u>plan</u>	
	doesn't cover.	
Will you pay less if	Yes. See	You pay the least if you use a <u>provider</u> in <u>Preferred Network</u> . You pay more if you use a
you use a <u>network</u>	www.anthem.com/find-	provider in In-Network. You will pay the most if you use an Out-of-Network Provider, and
provider?	care/?alphaprefix=JPU	you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and

	or call (833) 674-9256 for a list of	what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>Out-of-</u>
	network providers. Costs may	Network for some services (such as lab work). Check with your provider before you get
	vary by site of service and how	services.
	the <u>provider</u> bills.	
Do you need a referral	No.	You can see the specialist you choose without a referral.
to see a specialist?		



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	UCMC Providers (You will pay the least)	In-Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$15/visit	\$15/visit, deductible does not apply	30% coinsurance	Virtual visits (Telehealth) benefits available.
If you visit a health care provider's office	<u>Specialist</u> visit	\$15/visit	\$15/visit, deductible does not apply	30% coinsurance	Virtual visits (Telehealth) benefits available.
or clinic	Preventive care/screening/ immunization	No charge	No charge	0% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	10% <u>coinsurance</u>	30% coinsurance	none
•	Imaging (CT/PET scans, MRIs)	No charge	10% <u>coinsurance</u>	30% coinsurance	none
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.anthem.com/pharmacyinformation/	Typically Generic (Tier 1)	\$10/prescription (retail and home delivery)	\$10/prescription, deductible does not apply (retail and home delivery)	50% coinsurance up to \$250/prescription, deductible does not apply (retail) and Not covered (home delivery)	Most home delivery is 90-day supply. For more information, refer to "National Drug List" at <a href="http://www.anthem.com/pharmacyinformation/">http://www.anthem.com/pharmacyinformation/</a> *See Prescription Drug section
	Typically Preferred Brand & Non-Preferred Generic Drugs (Tier 2)	\$20/prescription (retail) and \$30/prescription (home delivery)	\$20/prescription, <u>deductible</u> does not apply (retail)	50% coinsurance up to \$250/prescription, deductible does not apply (retail) and	of the <u>plan</u> or policy document (e.g. evidence of coverage or certificate).

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/ca/aso">https://eoc.anthem.com/eocdps/ca/aso</a>.

	What You Will Pay					
Common Medical Event	Services You May Need	UCMC Providers (You will pay the least)	In-Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
			\$30/prescription, deductible does not apply (home delivery) \$40/prescription,	Not covered (home delivery)		
	Typically Non-Preferred Brand and Generic drugs (Tier 3)	\$40/prescription (retail) and \$50/prescription (home delivery)	deductible does not apply (retail) \$50/prescription, deductible does not apply (home delivery)	50% coinsurance up to \$250/prescription, deductible does not apply (retail) and Not covered (home delivery)		
	Typically Preferred <u>Specialty</u> (brand and generic) (Tier 4)	\$40/prescription (retail) and \$50/prescription (home delivery)	\$40/prescription, deductible does not apply (retail) \$50/prescription, deductible does not apply (home delivery)	50% coinsurance up to \$250/prescription, deductible does not apply (retail) and Not covered (home delivery)		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge	10% <u>coinsurance</u>	30% <u>coinsurance</u>	\$350 maximum/admission for Out-of-Network Providers.	
surgery	Physician/surgeon fees	No charge	10% <u>coinsurance</u>	30% <u>coinsurance</u>	none	
If you need immediate	Emergency room care	\$50/visit	\$50/visit, deductible does not apply	Covered as In- <u>Network</u>	Copayment waived if admitted. No charge for Emergency Room Physician Fee for <u>UCMC</u> Providers. In-Network Providers and <u>Out-of-Network</u> Providers.	
medical attention	Emergency medical transportation	Not Applicable	10% <u>coinsurance</u>	Covered as In- <u>Network</u>	none	
	<u>Urgent care</u>	\$15/visit	\$15/visit, deductible does not apply	30% coinsurance	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250/admission	10% <u>coinsurance</u>	30% <u>coinsurance</u>	\$250 penalty if <u>Out-of-Network</u> preauthorization is not obtained.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/ca/aso">https://eoc.anthem.com/eocdps/ca/aso</a>.

			What You Will Pay	Limitations, Exceptions, & Other Important Information		
Common Medical Event	Services You May Need	UCMC Providers (You will pay the least)	Provider Provider			
					\$600 maximum/day for Non- Emergency Admissions to <u>Out-of-Network Providers</u> .	
	Physician/surgeon fees	No charge	10% <u>coinsurance</u>	30% <u>coinsurance</u>	none	
If you need	Outpatient services	Office Visit \$15/visit Other Outpatient No charge	Office Visit \$15/visit, deductible does not apply Other Outpatient 10% coinsurance	Office Visit 30% <u>coinsurance</u> Other Outpatient 30% <u>coinsurance</u>	Office Visit 988 lifeline/mobile crisis team covered as In- <u>Network</u> . Virtual visits (Telehealth) benefits available. Other Outpatientnone	
mental health, behavioral health, or substance abuse services	Inpatient services	\$250/admission	10% <u>coinsurance</u>	30% <u>coinsurance</u>	No charge for Inpatient Physician Fee for <u>UCMC</u> Providers. 10% coinsurance for Inpatient Physician Fee In- Network Providers. 30% coinsurance for Inpatient Physician Fee Out-of-Network Providers. \$600 maximum/day for Non-Emergency Admissions to Out-of-Network Providers.	
	Office visits	\$15/visit	\$15/visit, deductible does not apply	30% <u>coinsurance</u>	\$600 maximum/day for Non- Emergency Admissions to <u>Out-</u> <u>of-Network Providers</u> . Maternity	
If you are	Childbirth/delivery professional services	No charge	10% <u>coinsurance</u>	30% coinsurance	care may include tests and services described elsewhere in	
pregnant	Childbirth/delivery facility services	\$250/admission	10% coinsurance	30% coinsurance	the SBC (i.e., ultrasound).  *Coverage includes fertility preservation services, see Fertility Preservation section.	
If you need help	Home health care	Not Applicable	10% <u>coinsurance</u>	30% coinsurance	100 visits/benefit period.	
recovering or	Rehabilitation services	\$15/visit	10% <u>coinsurance</u>	30% <u>coinsurance</u>	*See Therapy Services section.	
have other	<u>Habilitation services</u>	\$15/visit	10% <u>coinsurance</u>	30% <u>coinsurance</u>	1,	
special health needs	Skilled nursing care	Not Applicable	10% <u>coinsurance</u>	30% <u>coinsurance</u>	100 days/benefit period for skilled nursing services	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/ca/aso">https://eoc.anthem.com/eocdps/ca/aso</a>.

		What You Will Pay				
Common Medical Event	Services You May Need	UCMC Providers (You will pay the least)	In-Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Durable medical equipment	Not Applicable	10% <u>coinsurance</u>	30% coinsurance	*See <u>Durable Medical</u> <u>Equipment</u> section.	
	Hospice services	Not Applicable	10% <u>coinsurance</u>	30% coinsurance	none	
If your child	Children's eye exam	Not covered	Not covered	Not covered	nana	
needs dental or	Children's glasses	Not covered	Not covered	Not covered	none	
eye care	Children's dental check-up	Not covered	Not covered	Not covered	none	

#### **Excluded Services & Other Covered Services:**

# Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other excluded services.)

- Children's dental check-up
- Eye exams for a child
- Long-term care
- Weight loss programs

- Cosmetic surgery
- Glasses for a child
- Routine eye care (Adult)

- Dental care (Adult)
- Infertility treatment
- Routine foot care unless you have been diagnosed with diabetes

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 24 visits/benefit period for In-Network and Out-of-Network Providers.
- Hearing aids 1 item(s)/ear every 3 years.
   Limited to \$2,000 maximum for In-Network and Out-of-Network Providers.
- Bariatric surgery (In-<u>Network</u>)
- Most coverage provided outside the United States. See www.bcbsglobalcore.com
- Chiropractic care 60 visits/ benefit period for In-Network and Out-of-Network Providers.
- Private-duty nursing in a Home Setting only

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: California Department of Insurance, Consumer Services Division, 300 South Spring Street, South Tower, Los Angeles, CA 90013, (800) 927-HELP (4357), Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://example.com/Health\_Insurance\_Marketplace">Health\_Insurance\_Marketplace</a>. For more information about the <a href="https://example.com/Marketplace">Marketplace</a>, visit <a href="https://example.com/www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u>

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/ca/aso">https://eoc.anthem.com/eocdps/ca/aso</a>.

documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 4310, Woodland Hills, CA 91365-4310

Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>

Additionally, a consumer assistance program can help you file your appeal. Contact California Department of Insurance, 300 South Spring Street, 14th Floor, Los Angeles, CA 90013, 800-927-4357, 800-482-4833 (TTY), <a href="https://www.insurance.ca.gov">https://www.insurance.ca.gov</a>

# Does this plan provide Minimum Essential Coverage? Yes/No.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes/No.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

# About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

TD .	TT .	TD 1
PAG 10	Having	a Baby
1 62 18	11aviii2	a Dauv
		J

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
Specialist copayment	\$15
■ Hospital (facility) copayment	\$250
Other coinsurance	0%

# This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	<b>\$0</b>
Specialist copayment	\$15
■ Hospital (facility) copayment	\$250
Other coinsurance	0%

# This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
Specialist copayment	\$15
Hospital (facility) copayment	\$250
Other coinsurance	0%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

\_

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0
Copayments	\$300	<u>Copayments</u>	\$1,000	<u>Copayments</u>	\$100
Coinsurance	\$0	Coinsurance	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$1,200
The total Peg would pay is	\$360	The total Joe would pay is	\$1,020	The total Mia would pay is	\$1,300

# Get help in your language

# **Language Assistance Services**

Curious to know what all this says? We would be too. Here's the English version: No Cost Language Services. You can get an interpreter. You can get documents read to you and some sent to you in your language. For help, call us at the number listed on your ID card or 1-888-254-2721. For more help call the CA Dept. of Insurance at 1-800-927-4357 (TTY/TDD: 711)

Separate from our language assistance program, we make documents available in alternative formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card

### Spanish

Servicios lingüísticos sin costo. Puede solicitar los servicios de un intérprete. También puede solicitar que le leamos y le enviemos algunos documentos en su idioma. Llame al número que figura en su tarjeta de identificación o al 1-888-254-2721. Si necesita más ayuda, llame al Departamento de Seguros de California al 1-800-927-4357 (TTY/TDD: 711).

#### Arabic

خدمات لغوية مجانية. يمكنك الحصول على مترجم فوري. يمكنك الحصول على مستندات تُقرأ لك وإرسال بعضها إليك بلغتك. للحصول على المساعدة، اتصل بنا على الرقم المدرج على بطاقة الهوية الخاصة بك أو 2721-254-800-1. لمزيد من المساعدة اتصل بقسم التأمين في CA على الرقم (TTY/TDD: 711)

#### Armenian

Առանց արժեքի լեզվական ծառայություններ։ Դուք կարող եք բանավոր թարգմանիչ ստանալ։ Դուք կարող եք ստանալ փաստաթղթեր, որոնք կարդում են ձեզ համար, իսկ որոշները՝ ուղարկվում են ձեր լեզվով։ Օգնության համար զանգահարեք մեզ ձեր ID քարտում նշված համարով կամ 1-888-254-2721 հեռախոսահամարով։ Լրացուցիչ օգնության համար զանգահարեք CA Ապահովագրության բաժանմունք՝ 1-800-927-4357 (TTY/TDD՝ 711)

#### Chinese

免費語言服務。您可獲得口譯員服務。可以把文件唸給您聽,有些文件有您的語言的版本,也可以把這些文件寄給您。欲取得協助,請致電您的 ID 卡所列的電話號碼,或致電 1-888-254-2721 與我們聯絡。欲取得其他協助,請致電 1-800-927-4357 (TTY/TDD: 711) 與 CA 保險部聯絡

#### Farsi

خدمات زبان بدون هزینه. شما می تو انید مترجم شفاهی در خواست کنید. می تو انید بخواهید اسناد برای شما به زبان شما خوانده شود و برخی اسناد به زبان شما بر ایتان ارسال شود. برای راهنمایی، با ما با شماره مندرج در کارت عضویت خود یا شماره -2721-254- 1-808 تماس بگیرید. برای راهنمایی بیشتر با بخش بیمه CA به شماره -927-908-1 (TTY/TDD: 711)

#### Hindi

निःशुल्क भाषा सेवाएँ। आप एक दुभाषिया प्राप्त कर सकते हैं। आप दस्तावेज़ अपनी भाषा में पढ़वा सकते हैं और कुछ को अपनी भाषा में खुद तक भिजवा सकते हैं। सहायता के लिए, अपने आईडी कार्ड पर दिए गए नंबर पर या 1-888-254-2721 पर हमें कॉल करें। अधिक सहायता के लिए सीए बीमा विभाग को 1-800-927-4357 पर कॉल करें (TTY/TDD: 711)

### Hmong

Tsis Sau Nqi Rau Kev Pab Cuam Txog Lus. Koj tuaj yeem tau txais tus kws txhais lus. Koj tuaj yeem tau txais cov ntaub ntawv kom muab nyeem rau koj mloog thiab kom muab xa rau koj ua yam lus koj hais. Rau kev pab, hu peb tus npawb xov tooj muaj nyob ntawm koj daim npav ID los sis 1-888-254-2721. Rau kev pab ntxiv hu lub CA Tuam Tsev Hauj Lwm ntsig txog Kev Tuav Pov Hwm ntawm 1-800-927-4357 (TTY/TDD: 711)

## Japanese

無料の言語サービス。通訳を頼むこともできます。文書を使用言語で読み上げたり、送信したりすることもできます。サポートが必要な場合、IDカードに記載されている電話番号または 1-888-254-2721 までお電話ください。さらに詳しい情報については、カリフォルニア州保険局までお問い合わせください。電話番号:1-800-927-4357 (TTY/TDD:711)

#### Khmner

មិនគឺកថ្លៃសេវាភាសាទេ។ អ្នកអាចទទួលបានអ្នក បកប្រែ។ អ្នកអាចទទួលបានឯកសារអានឱ្យអ្នក ស្ដាប់ និងឯកសារខ្លះផ្ទើឱ្យអ្នកជាភាសារបស់អ្នក។ សម្រាប់ជំនួយ សូមទូរសព្ទមកយើងតាមលេខដែល មាននៅក្នុងកាត ID របស់អ្នក ឬ 1-888-254-2721។ សម្រាប់ជំនួយបន្ថែម សូមទូរសព្ទទៅផ្នែកជានារ៉ាប់រង CA តាមរយៈលេខ 1-800-927-4357 (TTY/TDD: 711)

#### Korean

무상 언어 서비스. 통역사를 연결시켜 드립니다. 문서를 귀하에게 읽어드릴 수 있고 어떤 서류는 귀하의 언어로 작성하여 댁으로 보내드릴 수 있습니다. 도움이 필요하시면, 귀하의 ID 카드에 나와 있는 번호 또는 1-888-254-2721 번으로 전화해 주시기 바랍니다. 더 많은 도움이 필요하시면 CA 보험부에 1-800-927-4357 (TTY/TDD: 711)로 전화해 주십시오.

### Punjabi

ਬਿਨਾ ਕੋਈ ਲਾਗਤ ਭਾਸ਼ਾ ਸੇਵਾਵਾਂ ਤੁਸੀਂ ਦੁਭਾਸ਼ੀਏ ਲੈ ਸਕਦੇ ਹੋ। ਤੁਸੀਂ ਦਸਤਾਵੇਜ਼ ਤੁਹਾਨੂੰ ਪੜ੍ਹ ਕੇ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹੋ ਅਤੇ ਕੁਝ ਤੁਹਾਡੀ ਭਾਸ਼ਾ ਵਿੱਚ ਤੁਹਾਨੂੰ ਭੇਜੇ ਗਏ ਹਨ। ਮਦਦ ਲਈ, ਸਾਨੂੰ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਸੂਚੀਬੱਧ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੇ ਜਾਂ 1-888-254-2721. ਹੋਰ ਮਦਦ ਲਈ CA ਬੀਮਾ ਵਿਭਾਗ ਨੂੰ ਇੱਥੇ ਕਾਲ ਕਰੇ 1-800-927-4357 (TTY/TDD: 711)

#### Russian

Доступны бесплатные услуги перевода. Вы можете воспользоваться услугами переводчика. Вам могут зачитать документы вслух, а некоторые из них могут быть отправлены вам на вашем языке. Если вам нужна помощь, позвоните нам по номеру, указанному на вашей идентификационной карте участника плана, или по номеру 1-888-254-2721. Для получения дополнительной помощи позвоните в Департамент страхования штата California по номеру 1-800-927-4357 (TTY/TDD: 711)

#### Tagalog

Walang Gastos na mga Serbisyo sa Wika. Maaari kang kumuha ng interpreter. Maaari mong ipabasa ang mga dokumento sa iyo at ipadala sa iyo ang ilan sa nang nasa wika mo. Para sa tulong, tawagan kami sa numerong nakalista sa iyong ID card o 1-888-254-2721. Para sa higit pang tulong tumawag sa CA Dept. of Insurance sa 1-800-927-4357 (TTY/TDD: 711)

#### Thai

บริการด้านภาษาแบบไม่เสียค่าใช้จ่าย คุณสามารถ รับล่ามเพื่อช่วยเหลือได้ คุณสามารถรับเอกสารแบบ มีผู้อ่านให้ฟังและส่งให้คุณในภาษาของคุณได้ หากต้องการความช่วยเหลือ โปรดโทรติดต่อเราตาม หมายเลขที่ระบุบนบัตรประจำตัวของคุณหรือ 1-888-254-2721 หากต้องการความช่วยเหลือเพิ่มเติม โปรดโทรติดต่อกรมการประกันภัยแห่ง แคลิฟอร์เนียได้ที่ 1-800-927-4357 (TTY/TDD: 711)

#### Vietnamese

Dịch vụ Ngôn ngữ Miễn Phí. Quý vị có thể được bố trí thông dịch viên. Quý vị có thể yêu cầu họ đọc tài liệu hoặc gửi cho quý vị một số tài liệu bằng ngôn ngữ của quý vị. Để được trợ giúp, hãy gọi cho chúng tôi theo số điện thoại được ghi trên thẻ ID của quý vị hoặc 1-888-254-2721. Để được trợ giúp thêm, hãy gọi cho Sở Bảo hiểm CA theo số 1-800-927-4357 (TTY/TDD: 711)

# It's important we treat you fairly

We follow state and federal civil rights laws in our health programs and activities. Members can get reasonable modifications as well as free auxiliary aids and services if you have a disability. We don't discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. For people whose primary language isn't English (or have limited proficiency), we offer free language assistance services, in a timely manner, like interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711) or visit our website. If you think we failed in any areas or to learn more about grievance procedures, you can mail a complaint to: Compliance Coordinator, P.O. Box 27401, Richmond, VA 23279, or if you think you were discriminated against based on race, color, national origin, age, disability, or sex, you can mail a complaint directly to the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201. You can also call 1-800- 368-1019 (TDD: 1-800-537-7697) or visit <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.isf">https://ocrportal.hhs.gov/ocr/portal/lobby.isf</a>